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hether your drinking water comes from an underground well, a river, or a reservoir, what you do to the land in your watershed determines the quality and quantity of your water. Good watershed practices safeguard not only our drinking water, but also fishing, floating, and other water-based recreational activities. Here are some ways to protect your watershed and your water resources.

# **Use GOOD Watershed Practices**

- On farms, use best management practices such as contour planting — to protect soil from erosion. Always leave an undisturbed streamside buffer zone between the stream and crop fields, logging operations, or livestock-grazing areas.
- 2. Fence livestock out of the stream and streamside area to reduce the animal waste that enters the stream and to protect trees and other plants that grow there. Healthy, well-vegetated streamside areas stabilize streambanks, shade the stream, and filter out pollution from runoff that enters the stream.
- **3.** Be sure bridges and stream crossings allow free passage of fish and other aquatic life both upstream and downstream.
- 4. Impervious surfaces such as parking lots, streets, and buildings prevent stormwater from soaking into the ground and cause more runoff to rush into streams. Use stormwater retention methods to help slow water and capture pollutants before they reach the stream.
- 5. Protect soil at construction sites with properly installed and maintained silt fences and other best management practices for erosion control. Sediment that enters a stream can smother fish and other aquatic life and destroy habitat.





## **Avoid BAD Watershed Practices**

- Do not remove gravel from the stream channel. Improper gravel removal can cause streambank erosion upstream and sediment buildup downstream.
- 2. Channelizing or straightening a stream increases the speed at which water can flow. This, in turn, increases the power of the water to erode the land and choke the stream with sediment.
- **3.** Too much fertilizer and chemical runoff from lawns, agricultural fields, or golf courses can pollute streams, kill fish and other aquatic life, and cause public health problems.
- 4. Avoid removing trees and other plants from along the stream. Grazing livestock, planting crops or lawns to the streambank, or building in these areas increases erosion.
- Improperly constructed or poorly designed bridges and stream crossings can cause major problems for streams — bank erosion, channel instability, sediment deposition, and aquatic habitat destruction, which can also lead to increased infrastructure costs.



### Missouri has 45 major watersheds. What is your watershed address?

- 1. Big Piney River
- 2. Big River
- 3. Black River
- 4. Blackwater River
- 5. Bourbeuse River
- 6. Chariton River
- **7.** Cuivre River
- 8. Current River
- 9. Eleven Point River
- 10. Elk River
- 11. Fabius River
- 12. Fox River
- **13.** Gasconade River
- 14. Grand River
- **15.** Headwater Diversion
- 16. Jacks Fork River
- 17. James River
- 18. Lamine River
- 19. Locust Creek
- 20. Meramec River
- **21.** Mississippi River, Lower
- **22.** Mississippi River, Upper
- 23. Missouri River

- 24. Spring River
- 25. Moreau River
  - **26.** North Fork White River
- 27. Niangua River
- 28. Nodaway River
- 29. North River
- 30. Osage River, East
- 31. Osage River, West
- 32. Platte River
- **33.** Pomme de Terre River
- 34. Sac River
- 35. Salt River
- 36. South Grand River
- 37. Spring River
- 38. St. Francis River
- **39.** White River
- **40.** Wyaconda River
- **41.** Cache River
- 42. Lower Kansas River
- **43.** Nishnabotna River
- 44. Lower Des Moines River
- 45. Tarkio River



### What You Do to the Land, You Do to the Water

Everything that happens on the land affects the water into which it drains. A stream, pond, or wetland can be only as healthy as its watershed. As water runs downhill, it picks up whatever is on the ground. In a healthy watershed, water is naturally cleaned, filtered, and stored. When water flows through cities or across fields and pastures, it picks up sediment, pollutants, and heat. These contaminants — which flow into streams, wetlands, and lakes, or into underground passageways — affect the water you use for drinking, swimming, or fishing. When you flush your toilet, wash your laundry, fertilize your lawn, or dump used oil on the ground, you affect water quality in your watershed.

It's not easy to see a watershed unless you're standing on top of a ridge or looking down from an airplane. Then you can see all the hills and valleys that drain water into streams, wetlands, and lakes. A watershed might be as small as your yard or millions of square miles. If you stand atop the ridge that divides two watersheds, you can pour a glass of water from one hand into one watershed and a glass of water from the other hand into a different watershed. Sooner or later, the water from the two glasses will end up in two different streams.

Missouri is part of the Mississippi River watershed the largest in the United States. However, many small (sub) watersheds and tributaries comprise its 1.2 million-square-mile area. For example, the Missouri River watershed is a sub-watershed of the Mississippi River watershed, just as the Missouri River is a tributary of the Mississippi River. Your watershed address is the watershed, sub-watershed, or sub-sub-watershed in which you live. It tells which lake, stream, or wetland collects the water that eventually you will use. When the the test of t

#### Watershed

All the land that drains into a particular body of water is a watershed. In this illustration, all the rainwater that falls within the brown ridgeline boundary flows into the stream. Rainwater that falls outside this boundary flows into adjoining watersheds.



Raindrops fall at a speed of about 30 feet per second or 20 miles an hour. Without plenty of deep-rooted native plants and trees, watersheds can't keep rainwater from washing sediment, pollutants, and trash into waterways.

**For more information,** contact your nearest Missouri Department of Conservation regional office or contact the Missouri Stream Team Program:



Missouri Stream Team PO Box 180 Jefferson City, MO 65102-0180 800-781-1989 streamteam@mdc.mo.gov mostreamteam.org





The Stream Team Program is a partnership between the Missouri Department of Conservation, the Conservation Federation of Missouri, and the Missouri Department of Natural Resources. Stream Teams are a network of citizens that care about Missouri streams and perform activities to achieve the goals of education, stewardship, and advocacy for stream health.

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